



EVALUATION REPORT

SOCIAL & CIRCUS PERCUSSION # CIRCE PROJECT

21st - 25th January 2019 in Espai de Circ

1.- TEACHERS. METHODOLOGY FEEDBACK

The Social Circus & Percussion Workshop that was held in Valencia by AVC in January was since the beginning looking to involve participants in the process of learning.



On both initial/warm up sessions on Monday and Tuesday **the activities proposed had the social objective to develop strong connections between the participants in order to create a space for the week where participants could be part of with open minds, easiness and predisposed.**

Those sessions worked really well, so the bonds were created and the proposals over the week weren't imposed, as the group was having discussions and proposals for the sessions.



Usually there was a theme by session, and proposals, (being rhythms or technique, normally) given by the instructors in a method more traditionalist, but as the sessions were moving forward and all participants were involved and positive, the sessions were turning into a learning space of creativity and mutual learning. **Having a group already keen to learn and experience the workshop merged with an initial workshop techniques looking forward to develop strong bonds with participants worked successfully.**

Specially, there is a moment of the week to remark, where the instructor asked to join in groups and create a rhythm that repeats with circus props. **The creativity exposed by the groups, small discussions in groups and easy agreement, and obviously develop of social skills had a great success;** not saying about the whole world of possibilities that we open through circus props and one simple rhythm repeated over itself. **I guess that this was the moment “we” as a group understood which was the teaching methodology we were looking for. Technique easiness merged with an open learning space and psychological safety.**



At the research sessions the group explored a total creative methodology, used as a part of the learning process, with the idea of being always a part of it. If the participants became teachers/instructors of this merged technique on their places the research is necessary for the new participants to explore and experience as a part of the learning process.



At the social circus sessions with the youth, the whole methodology changed into more traditional teaching method; always letting space for communication, fun and open space as a social circus session should be, but the games and activities were given by the regular instructor of the class.

Also is important to remember that after the two sessions with the youth, all group was going to jump on stage to present the show.



Guillermo Ueno



2. PARTICIPANTS. PRE AND POST FEEDBACKS

BEFORE: What do you know about social circus or social percussion?

Not much

I've had minimal circus training experience , since the playground I work at runs workshops every so often. But I have more experience in social percussion

Nothings about percussion only social Cirkus

You need to be open with your partners and flexible. You need to be able to find a solution for any given situation.

I have participated in several social circus projets as an instructor in different countries in the last seven years.

I attended social circus formations for 3 years. I am currently involved in some social circus projects. Social percussion is new to me.

AFTER: What is your skill level now in social circus&percussion?

High

I've improved my skills in percussion mixed with juggling, using my favorite prop (contact poi).

Much improved, I feel equipped with more confidence in using juggling and rhythms in running workshops.

Much better. Thank you

INTERMEDIATE – UPPER

I feel soooo advanced:)

Slightly higher than before.

social circus : advanced, percussion: beginner

I would say mediocre.

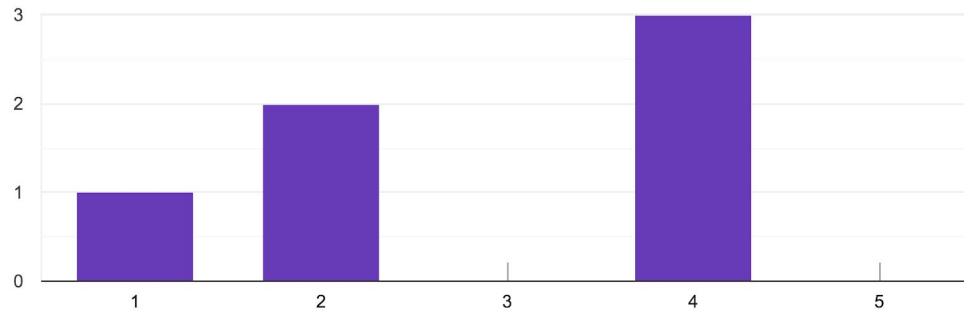
I have a few years of experience. I've been participating in several projects where we worked with children with different background, criminals and ill people.



BEFORE:

What is your experience in teaching social circus or social percussion?

6 respuestas



Little experience

I have yet to teach my own workshops. I'm still very new to circus, but I'm more likely to teach percussion.

I love it

It will be my third project built around circus, so I really didn't had enough time, but those experiences I had so far are really positive and fun to remember.

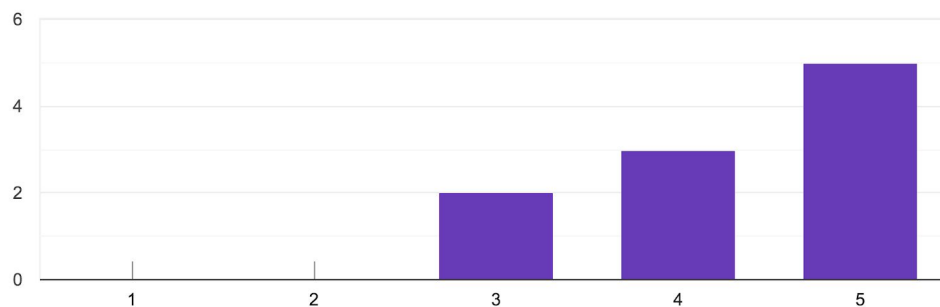
I have participated in several social circus projects as an instructor in different countries in the last seven years.

I was and still am involved in social circus projects, such as circus in mental hospital, circus for seniors, circus for young adults with physical and/or mental handicap, circus for socially disadvantaged people.

AFTER:

Do you think you will use social circus&percussion in your profession?

10 respuestas





In after school program

Now I can research on new dynamics using poi and percussion, to do some really fun games and use them on social circus, and to create powerful and amazing shows or scenes inside social circus projects too.

I have been working a lot with refugees in France and find activities for older teenage boys more tricky to think of, it feels like juggling and percussion has opened up a whole new set of doors to explore and invite participants to play with.

Percussion is an expression of rhythm, which is also very important in many circus activities. So I have more tools in my use of rhythm for classes.

I will therefore be able to use circus & percussion in many ways such as combining siteswap and basic music theory to social exclusion groups

The plan in czech is clear, we need the batucada so we would love to build the group in cooperation of Cirqueon and Hospital clowns in Prague. Also as I work very much as the social circus teacher Im looking forward to have much more drumming in it.

I want to get into teaching, so i guess i could implement some of the fun games, and fusion of rhythm and percussive instruments to create a fun and dynamic classroom atmosphere.

as we don t have drums, i will use the games we did

It is a great way to introduce juggling to youth and to any other generation as well. The two really comes hand-in-hand witch each other, so it's really simple to get the basics down, or understand what will cross your road while learning.

I will definitely use at least some of these ideas and not only in teaching but in performing as well. There were some ideas that I had in mind for a few years now but had never any opportunity to try. For instance using juggling patterns while playing drum.

BEFORE: What do think are the benefits of social circus or social percussion?

Community cohesion, understanding each other on a deep level, creating a positive and dynamic environment, allowing people to come together in unity whilst having fun.

To reach many more people with this's

Making friendships, lifelong memories, improving social skills.

Developing motorical and social skills at the same time. It is important for so many thing but I think usually self confidence and joy of our activities are the most beneficial for the target groups.

Breaking the routine, which is often a hard one, is already a great benefit, easily visible in people with teach. Then, the skills they acquire are even more possibilities for them to feel less stranded, or to feel special. Circus (or percussion) allows people to connect on a different ground than usual.



AFTER: What do you think have been the main benefits of this workshop?

Exploring and exchanging new ideas.

New ways to work in social circus. Meeting amazing people from all around Europe, with common interests and enhancing our relations between projects.

Connecting with the wider community of social circus artists across europe.

New ideas and games for workshops.

Time and space to research merging different forms (juggling and drums), what a treat to have exploration time for cross-discipline investigation.

Getting involved in Espai's social project (even for a couple of hours) and the professional linkage.

The opportunity to travel and exchange knowledge with a network from all around Europe specialized in Social Circus. Also, the inspiration of combining juggling equipment and technics with percussions. Additionally the opportunity to volunteer to the Festival in sot de chera.

I like the teachers Edu and Guillermo, they are so good and as well the group was nice, the timing was also so good. Super important for me was also visiting Borombaia and the lessons there and the children group.

Learning circus skills, something I've never done before.

the consciousness of the rhythm and the perception of its effects

I got to meet other people, with different way of doing their works, which made me not stick to only one route of teaching.

In my opinion experimenting is always useful. To keep the rhythm or even finding it while doing any circus discipline has always been one of the most significant advices when I thought people because speed, strength and accuracy are the main objectives to focus on. This workshop made me think about it way much deeper and not only think but even try with many other people who had something similar in mind.