



TABLE OF CONTENTS

Training and the trainer concepts, roles, ethics, safety creativity:

Module 1 *Social Circus*

The social circus and social intervention
What is circus?

Module 2 *Roles of Instructors and community worker*

The community worker-instructor tandem, the mainstay of social
Circus
The instructor's role in social circus
Profiles of trainers

Module 3 *Profile of youth*

Working with at-risk youth, disabled youth, with special needs
youth)
The main stages of development in young people

Module 4 *Ethics*

Code of ethics for social circus workshop
Games

Module 5 Safety

Safety in Social Circus workshops
Safety measures for social circus workshops
Pyramids
Sketches

Module 6 Creativity

Creativity in the social circus context
The role of performance in social circus
Depicting a moving object (Game, acting)

Module 7 Communication

The communication skills of a good educator
The elements of non-verbal communication
Drawing back-to-back; Bottle and string (Game)

Module 8 Teamwork

Working as a team
The flow of energy for good teamwork
Games to enforce constructive teamwork (under the rope, drawing for two, etc.)

The training for trainers helps instructors and community workers gain a better understanding of the global context of social circus interventions by addressing themes such as social circus, the roles of instructor and community worker, at-risk youth, ethics, safety and creativity. It also allows instructors and community workers to develop basic facilitation skills by addressing such themes as communication and teamwork.

Training for trainers in Budapest 1st -5th February 2016

Social Circus Basic Training

The social circus basic training purpose to prepare circus instructors and community workers for conducting social circus workshops with at-risk people, **mentally**. The training help them better understand the overall context of social circus intervention. It also aims to develop the skills needed to intervene appropriately with partners in a varied and multicultural context.

Methodology description about the training for trainers

The experiential learning cycle

The activities proposed during this training are arranged according the four stages of the experiential learning cycle.

